RESOURCE AND REFERRAL HANDBOOK

**Mental/Behavioral Health residential facilities**

* Cottonwood Springs
* <https://cottonwoodsprings.com>
* 13351 S. Arapaho Drive, Olathe, KS 66062
* 913-361-6586
* <https://www.instagram.com/cottonwoodresidential/?hl=en>
* <https://www.facebook.com/CottonwoodSpringsHealth/>
* Telehealth available
* Runs through health insurance, if available
* Specialized inpatient and outpatient program(s) for children and adolescents
* The purpose of Cottonwood Springs is to implement personalized care by partnering with healthcare providers, community health organizations, and employee assistance programs, to provide highly tailored and effective recovery programs.
* 72 bed psychiatric and chemical dependency hospital

**Mental Health/Wellness agencies/therapists**

The Anxiety Center at Renew (Treatment for Anxiety Disorders)

* 913-786-6606
* 11695 S Black Bob Rd, Olathe, KS 66062
* https://renewkc.com
* Here at Renew, we seek to support and empower our clients and community to grow emotionally, physically, spiritually, and relationally. It is with compassion and integrity we commit to excellent counsling services in a safe and accepting environment.
* Runs through health insurance, if available
* Personal contact: Paula Nyman (paulanymanrd@gmail.com)

**Local therapist recommendations**

* Dr. Todd Frye
  + 913-626-1387
  + [tmfrye@mnu.edu](mailto:tmfrye@mnu.edu)
* Courtney Cauldwell
  + 913-228-2915
  + [courtney@restorecounselingjo.co.com](mailto:courtney@restorecounselingjo.co.com)
* Daniel Rincones
  + 913-732-3404
  + [dsrincones@mnu.edu](mailto:dsrincones@mnu.edu)
* Avery Sunnarborg
  + 913-444-5602 (ext. 4)
  + [avery@mendpsychotherapy.com](mailto:avery@mendpsychotherapy.com)

**Emergency shelter**

* Shelter KC
* 1520 Cherry St., Kansas City, MO 64108
* 816-421-7643
* <https://www.shelterkc.org>
* Free services
* We are helping Kansas City’s homeless men and women experience freedom from the past and hope for the future.
* Personal contact: Eddie Estep

**Crisis center**

* reStart Inc.
* <https://www.restartinc.org>
* 918 East 9th Street, Kansas City, MO 64106
* <https://www.facebook.com/reStartKC>
* <https://twitter.com/reStartKCMO>
* https://www.youtube.com/channel/UC0HG-PS-R4HwRTn9CTrncJA
* The purpose of reStart is to provide unique programming that works to support ALL homeless populations in Kansas City and surrounding areas.
* Prioritize a culture of inclusion
* 12 locations (three in KS, 10 in MO)
* 24 hour youth hotline: 816-309-9048
* 24 hour access line to reStart inc.: 816-472-5664

**Substance abuse providers and treatment centers**

* Midwest Recovery Center
* 877-630-0539
* Emergency help line: 877-630-0539
* [Outpatient: 13340 Holmes Rd Kansas City, MO 64145](https://goo.gl/maps/f2MJnPepFgbKTt3R8)
* [Detox: 13643 Holmes Road Kansas City, MO 64145](https://maps.google.com/maps?z=16&q=13643+holmes+rd+kansas+city,+mo+64145)
* Staffed 24/7
* <https://abilitykc.org/>
* Blog: https://www.midwestrecoverycenters.com/blog/
* Outpatient programs, inpatient programs, and partial hospitalization programs available
* Midwest Recovery Center serves to provide intensive recovery treatment for addiction as well as other life problems. With the help of professional therapy and education. MidWest enhances personal growth of each client. This 12-step community focuses on intensive treatment that garners positive results.
* Medical doctors and licensed counselors on staff
* Personal contact: Kevin O’Grady (Director of Operations)
  + kogrady@midwestrecoverycenters.com

**Treatment facility for students with special needs**

* Ability KC
* 816-756-0780
* https://abilitykc.org/
* Children’s campus: 3101 Main Street, Kansas City, MO 64111
* Hours: M-F, 8 AM-5 PM
* Our mission is to build brighter futures for children and adults with disabilities by providing educational, vocational and therapeutic services.
* Personal contact: Shannon Lepper (Chief Operating Officer)

**Health department**

* Jackson County Health Department
* 313 S. Liberty Street, Independence, MO 64050
* 816-404-6415
* Hours: M-F, 8 AM-4 PM
* <https://jacohd.org/community-resources/>
* Offers clinical services such as immunizations, STI tests, and TB skin tests (more information found at <https://jacohd.org/clinical-services/>)
* <https://www.facebook.com/JacksonCountyHD>
* <https://twitter.com/JacksonCountyHD>
* https://www.instagram.com/accounts/login/?next=/jacksoncountyhd/

**Academic tutoring agencies**

* Varsity Tutors of KC
* <https://www.varsitytutors.com/tutoring-kansas_city>
* 816-750-1871
* Covers a wide variety of subjects, ages, and academic levels
* Pricing information: https://www.varsitytutors.com/tutoring-prices-rates-cost

**Community Chamber of Commerce**

* Located in Union Station
* 30 W Pershing Rd #301, Kansas City, MO 64108
* For more than 130 years, the KC Chamber has been leading the way to a better KC region. We do this by convening innovative leaders, collaborating with like-minded organizations, advocating for positive change, and helping small businesses grow.
  + <https://www.kcchamber.com/who-we-are/about>
* 816-221-2424
* Personal contact: Kaitlin Bast (Director)
  + 816-374-5465
  + [bast@kcchamber.com](mailto:bast@kcchamber.com)

**Employment Center**

* Missouri Career Center
* 1740 Paseo Blvd, Kansas City, MO 64108
* 816-471-2330
* The Full Employment Council is a business-led private, non-profit corporation whose mission is to obtain public and private sector employment for the unemployed and the underemployed residents of the Greater Kansas City area. The FEC accomplishes this goal by working in collaboration with businesses, local units of government, educational institutions, labor, and community-based organizations. The FEC responds to regional employer needs while reducing unemployment, underemployment, and the public dependency of area residents.
* The FEC focuses on the following sectors:
  + Business and Finance
  + Advanced Manufacturing
  + Healthcare
  + Information Technology
  + Logistics and Warehouse
* Various locations
  + https://www.feckc.org/locations
* <https://www.linkedin.com/authwall?trk=gf&trkInfo=AQHoZ1WLV4nSPgAAAYAeLfUQB2G04YG2uUYy_1D7v0IzXTj70JHqS4YCzYsBqOTcoft8v6r_CILnRtgEPSGI34QrVth3QSzEq5sZb_0Itp9BtIRnCmdZ0caQCDD8AnybrBQySM=&originalReferer=https://www.feckc.org/&sessionRedirect=https%3A%2F%2Fwww.linkedin.com%2Fcompany%2Ffull-employment-council>
* <https://www.facebook.com/FullEmploymentCouncil/>
* <https://twitter.com/fec_kc?lang=en>
* <https://www.instagram.com/accounts/login/?next=/fec4kc/>

**Vocational Rehabilitation Office**

* Missouri Vocational Rehabilitation
* 615 E. 13th St., Suite 111, Kansas City, MO 64106
* 816-889-2581
* Information: https://www.mo.gov/information-for
* <https://dese.mo.gov/adult-learning-rehabilitation-services/vocational-rehabilitation>
* <https://www.facebook.com/MOEducation>
* https://twitter.com/MOEducation

**Juvenile Services Office**

* Wyandotte County Juvenile Intake and Assessment Center (JIAC)
  + Correctional services department
* 710 7th St, Kansas City, KS 66101
* 913-573-2861
* Wyandotte County Juvenile Detention Center
* 710 N. 7th St Trfy, Kansas City, KS 66101
* 913-573-2900

**Medical Clinics**

* College Park Family Care Center
* Variety of locations in KC metro with over 90 providers to choose from
* <https://collegeparkfamilycare.com/>
* Urgent care services available
* Main office:
  + 913-469-5579
  + 11725 W. 112th Street, Overland Park, KS 66212
* Since 1980, College Park Family care has provided compassionate, family-centered care to individuals and families in the Johnson County area.
* Personal contact:
  + Audrey Rushing
  + 913-469-5579 ext 121142

**Food Resources**

* City Union Mission
* 816-474-9380
* 1100 East 11th Street, Kansas City, MO 64106
* https://cityunionmission.org/
* Hours: Monday, Wednesday, and Thursday, 1 PM-3 PM
* City Union Mission reaches out to low-income women and families living in the Kansas City area and offers compassionate relief efforts including assistance with clothing, house wares, furniture, food, utilities, school uniforms, and baby supplies.
* Hotline for the homeless: 816-474-4599
* <https://www.facebook.com/cityunionmission>
* <https://twitter.com/CUMissionKC>
* <https://www.instagram.com/accounts/login/?next=/cityunionmission/>
* Personal contact: Connie Wehmeyer